

## **SUGGESTED MEDICATIONS AND SUPPLIES TO HAVE ON HAND**

### **Baby's First Aid Kit**

1. Acetaminophen drops or suspension (Tylenol, Tempra) for fever or pain.
2. Topical antibiotic ointment - Neosporin, Bacitracin.
3. Diaper ointment for protective coating of diaper the diaper area - Vaseline, Desitin, A & D ointment or Aquaphor cream
4. Pedialyte electrolyte solution – one quart. This may be advised if infant has vomiting or diarrhea (*For use, always check with your doctor*)
5. 2 oz. bulb syringe to remove nasal secretions. Saline nose drops (*“Ocean Spray”, “Ayr”, and “Salinex”*)
6. Cool mist humidifier
7. Axillary and rectal thermometer (Our experience has been that ear thermometers and digital thermometers can be less reliable in children under 2 years old.)