

PATIENT INFORMATION

Pediatric Do's and Don'ts

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We have developed a quick list of do's and don'ts for both infants and older children. For more details – just ask us!

1. Don't use bubble bath
2. Don't put Q-tips in the ear canal
3. Don't use infant walkers
4. Always use an appropriate car seat for your child
5. Please use smoke detectors in your home (remember to change the batteries when we change the clocks – spring forward and fall back)
6. Don't allow children near lawnmowers
7. Don't allow children to play on trampolines
8. Always wear bicycle helmets
9. Don't allow guns in your home
10. Don't give aspirin
11. Always set your hot water heater thermostat at 110 degrees or lower
12. Please use cabinet locks for young children
13. Please use outlet covers
14. Please use sunscreens
15. Don't give popcorn, nuts, or balloons before the age of three
16. Don't allow children to run with lollipops or toothbrushes in their mouths.